

Sunday                      Monday                      Tuesday                      Wednesday                      Thursday                      Friday                      Saturday

**All activities are subject to change. Any updates will be posted on the message board by dining room and on Senior TV Channel 52**

**1**  
10:00 Bible Study  
12:30 Fitness w/Tracy  
**1:00 Making Autumn Wreaths**  
2:00 Coffee Hour

**2 Happy Birthday, Diana!**  
9:00 Senior Fit AM  
9:45 Pease Women  
2:00 Coffee Hour  
2:30 Senior Fit  
6:15 Chapel Service

**3**  
10:00 SINGspiration  
**12:30 Happenings in History for Oct.**  
2:00 Coffee Hour

**4**  
9:00 Senior Fit  
10:30 Bible Study  
2:00 Coffee Hour  
2:30 Senior Fit  
6:00 Alan Gadacz

**5**  
9:00 Fitness  
10:00 Catholic Com  
1:30 Bingo!  
2:30 Coffee

**6**  
10:00 Coffee & Sweets  
2:00 Coffee Hour



**7**  
10:00 Worship Service  
2:00 Coffee Hour

**8**  
10:00 Bible Study  
12:30 Fitness w/Tracy  
1:00 Word Scramble  
2:00 Coffee Hour

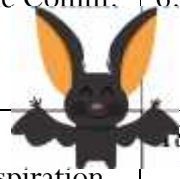
**9**  
9:00 Senior Fit AM  
12:30 Service Project -Cutting Ornaments-  
2:00 Coffee Hour  
2:30 Senior Fit  
6:15 Chapel Service

**10**  
10:00 SINGspiration  
**12:30 Universal YUMS**  
2:00 Coffee Hour  
2:30 Catholic Comm.

**11**  
9:00 Senior Fit AM  
10:30 Bible Study.  
2:00 Coffee Hour  
2:30 Senior Fit  
6:00 Marlene & Friends

**12 Birthday Party Happy Birthday, Patty!**  
9:00 Fitness  
2:00 Gary Eggen  
2:00 Coffee Hour

**13**  
10:00 Coffee & Sweets  
2:00 Coffee Hour



**14**  
10:00 Worship Service  
2:00 Coffee Hour

**15 Happy Birthday, Jack!**  
10:00 Bible Study  
12:00 Resident Meet  
12:30 Fitness w/Tracy  
1:00 Sheet Ripping  
2:00 Coffee Hour

**16**  
9:00 Senior Fit AM  
10:00 Yahtzee  
2:00 Coffee Hour  
2:30 Senior Fit  
6:15 Chapel Service

**17**  
10:00 SINGspiration  
11:15 Devotional  
**12:30 Pumpkin Decorating**  
2:00 Coffee Hour

**18 Happy Birthday, Ivy!**  
9:00 Senior Fit AM  
10:30 Bible Study  
2:00 Coffee Hour  
2:30 Senior Fit  
6:00 Ed Beck

**19**  
9:00 Fitness  
10:00 Hangman  
1:30 Bingo  
2:30 Coffee Hour  
6:00 Friday Movies

**20 Happy Birthday, Bob!**  
10:00 Coffee & Sweets  
2:00 Coffee Hour

**21**  
10:00 Worship Service  
2:00 Stony Brook Elim Dining Room

**22**  
10:00 Bible Study  
12:30 Fitness w/Tracy  
1:00 Word Scramble  
2:00 Coffee Hour

**23**  
9:00 Senior Fit AM  
12:30 Crafty Carol  
2:00 Coffee Hour  
2:30 Senior Fit  
6:15 Chapel Service

**24**  
**9:30 Baking Cookies**  
10:00 SINGspiration  
**1:00 Decorating Halloween Cookies**  
2:00 Coffee Hour

**25**  
9:00 Senior Fit AM  
10:30 Bible Study  
2:00 Coffee Hour  
2:30 Senior Fit

**26**  
9:00 Fitness  
10:00 Crosswords  
1:30 BINGO  
2:30 Coffee Hour  
6:00 Glory Bound

**27**  
10:00 Coffee & Sweets  
2:00 Coffee Hour



**28**  
10:00 Worship Service  
2:00 Coffee Hour

**29**  
10:00 Bible Study  
12:30 Fitness w/Tracy  
2:00 Coffee Hour  
6:00 Traveling Lights

**30**  
9:00 Senior Fit AM  
12:30 Service Project -Cutting Ornaments-  
2:00 Coffee Hour  
2:30 Senior Fit

**31 Harvest Party**  
10:00 SINGspiration  
11:15 Devotional  
**1:30 Marie Grundberg & Harvest Party**  
2:00 Coffee Hour

